

—If you're having trouble with a subject, ask your teacher for help, talk it over with your parents or the "bright" kid in your class. Don't be ashamed or afraid to ask questions.

—If you're having trouble with almost everything, talk to your guidance counsellor or your teacher. Are you sure you know what career you want to follow? Maybe you're taking the wrong subjects.

— Once you've got a career in mind, plan how you're going to prepare for it, chart your course to your goal and stay with it to the end. Don't let temporary failure throw you off course.

It may be hard to believe sometimes, but your school years are probably the most important years of your life. Your whole future could depend on how well you prepare yourself in school for the career of your choice.

Graduation gives you a much better chance of landing a job with a future.

Getting a good education or sound training is not only very important to you, but it's important to your country. Canada needs more and more men and women graduates with the kinds of skills and knowledge useful in industry. Are you going to be one of these people?



A lot depends on whether you can lick that old sense of failure. The biggest part of the battle is over when you recognize that everyone is in the same boat. Did you ever see a calm person before an examination? There's probably only one difference between you and "the brain" in your class. He tries a little harder. Why don't you?

## REMEMBER!

Employers fill the GOOD jobs with graduates,

from: technical, vocational and academic high schools, trade schools, apprenticeship, institutes of technology and universities.

Other pamphlets which may be of interest to you: Careers For The Choosing

Have You Thought About Apprenticeship?
Technician Training May Be For You.

EPARTMENT OF LABOUR, CANADA

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## Don't Let A Sense of Failure Throw You





## What's Good About School?

- · Memory work?
- Homework?
- · Examinations
- · Four o'clock?
- · Nothing?

Well we'll all have different answers to those questions. But if you feel school is so tough that you'd do anything to get out of the place, then perhaps you'd better do a little more thinking about the subject.

Maybe you're suffering from A Sense of Failure.

A sense of failure is one of the oldest of human ills. You probably feel it more as a student because you've a lot of other problems which make life seem pretty dim at times

But, did you realize that a sense of failure strikes people of all ages? In this case you've really got something in common with your parents, teachers, the fellow or the girl in the next seat or next door, in fact almost everyone, including those successful businessmen we read about.

Did you ever see a little child trying to stand up or walk for the first time? Often, he or she can't quite master this new skill and falls down and cries. The child is experiencing a sense of failure.



The same thing is true of a small boy or girl learning to ride a tricycle, and most of us will remember the battle we had when we first tried to ride a bicycle.



For an adult, a sense of failure may come because of a mistake at work, because a promotion didn't come through or an important sale wasn't made or any one of a dozen other things.

Let's face it! That sense of failure is with us from the cradle to the grave. There's certainly nothing unusual about it. Just because a sense of failure is around a lot of the time doesn't mean you should let it throw you.

## REMEMBER:

- Having a sense of failure doesn't mean vou've failed.
- Even failing in a test or at examination time doesn't mean you're a failure.



Often success is a matter of trying a little harder, of playing the game even when you're away behind. The trouble with many of us is that we don't try hard enough sometimes and we're not always doing our best. It's easy to lose interest in something, particularly if we're having problems with it. That's when we're most likely to get a sense of failure.

As they say in the television commercials, "The next time you feel 'a sense of failure' coming on", don't spend a lot of time worrying about it, do something about it.